



Stories of the third "Step by Step" magazine in December

The main topic of the third magazine is improvement of the preventive health care system in Serbia by implementing EU countries' standards

The first story is from Kraljevo:

How women from Kamenica village near Kraljevo learn about the breast self-examination and why it is important; which role the Kraljevo Prevention Centre has in early detection of chronic diseases endangering many people's lives.

The second story is from Valjevo:

How Milica Blagojevic prepared herself for her first delivery and then the birth of her second and the third child, and how the Parenting School helps mothers and fathers in Valjevo to await their baby's arrival with less fear and stress.

The third story is from Indjija:

Ivana Dimitrijevic was 28 kilograms overweight when she visited health centre's nutritionist for the first time. The obesity is a widespread problem in Srem due to the local eating habits; thanks to the Indjija prevention centre, school-age children learn about the connection between food and health.